



## PACKING LIST

- Appropriate Clothing** (see Dress Code and Activity Requirements)
- Neon clothing and/or glow accessories** (Glow night on Monday and Thursday)
- Old clothes and tennis shoes** that you are willing to get REALLY dirty (and maybe throw away) for Thursday
- Stars & Stripes** attire for banquet night
- Swimsuit** (see Dress Code)
- Bedding:** pillow, sleeping bag, OR twin sheets and blanket. (Pack these in a bag of some kind, even if just a trash bag, and label it with your name.)
- Reusable Water Bottle** (labeled with your name)
- Toiletries:** soap, shampoo, washcloth, deodorant, toothbrush, toothpaste, hand soap, paper towels
- Towels:** beach towel, bath towel and wash cloth
- Sunscreen**
- Insect Repellent**
- Hand sanitizer**
- Sunglasses and/or Hat**
- Bible**
- Pen and Notepad**
- Spending money** for Camp General Store and Snack Shack (Snack Shack items cost \$1-\$5, General Store items cost from \$1 to \$25)

## WHAT NOT TO BRING

1. Illegal drugs, smoking, vaping, chewing tobacco, or alcohol
2. Over-the-counter sleep inhibitors such as No-Doze, Monster, etc.
3. Knives, matches, lighters, fireworks, or any type of weapon.
4. Skateboards, roller skates, or shoes with built in skates.

## ACTIVITY REQUIREMENTS

Many of the activities at Camp Cedarmore require certain shoes or shorts for safety. Participants must adhere to guidelines, or they cannot participate in the activity.

- Sturdy Shorts:** Required for zip-lines. Sturdy shorts typically have beltloops and are made from denim, khaki, or heavy cotton. Students wearing gym/basketball/running shorts, yoga pants, or similar casual clothing will not be allowed to participate in and will be excluded from ziplines.
- Closed Toe and Closed Heeled Shoes:** Required for zip-lines, Bazooka Ball, Axe Throwing, and Archery Tag.
- For women:** Shorts are recommended to be worn over swimsuits, even in the water

## DRESS CODE

Choice of clothing for all events including swimming and the banquet will be modest and reflect that the wearer desires to honor God and shine the light of Christ.

- **For Women:**

Proper swim attire (full covering bottoms and no bare midriffs)

No tops where undergarments can be seen

- **For Men:**

No shirts with sides cut out

- While wearing swim attire, shirts must be worn when walking to and from the lake
- Shirts, shorts, and shoes must be worn when inside all buildings
- Hats may not be worn during devotions, speeches, or discussion groups